

[Tell Your Story – Weekly Inspiration from Many Sources](#)

Sharing is caring, right? This week we were overwhelmed by the quantity and quality of articles we came across. So here is a rundown of the research, tips and story prompts that have inspired us.

Inspiration from the week of August 9, 2017

Our original Sunday Edition article is:

[1. The Healing Power of Music – Memory, Cancer and Spirituality](#)



[2. How religious songs can help cancer patients heal](#)

Related to our Sunday Edition article, read this wonderful piece by Pam Auchmutey, from the Woodruff Health Sciences Center at Emory University. about:

adventurers/explorers (those who take risks and embrace change). In your family are there more planters or explorers or both? Is it just one family line or multiple lines? I'm definitely an explorer, what are you?"

Rhonda's answer: I love this question! My line seems like a mix of planters vs. explorers. As I mulled over the question for a couple days, I think I'm a mix of both tendencies. Is quitting a day job with health insurance more of a planter or explorer move? It takes a certain sense of adventure and risk tolerance. But I also feel like I'm planting...an orchard (not annuals) that I hope will result in both deep roots -while still affording plenty of excitement.

6. Family Disputes about Memories

Tell the truth, sure. But whose version of the truth? We discuss this topic a lot in our classes! Read a great article in Psychology Today for insight, by [Dr. Robyn Fivush](#), Ph.D.

7. Writing Another Person

Anybody out there writing someone else's story? Ooh, we are, we are! (Every day). This article is for you...and us. by [Denis Ledoux](#), published by the National Association of Memoir Writers. [Click here](#).

8. How a record helped me uncover a family story

What is your most surprising family discovery? Read some wonderful little stories about what people have uncovered, published by FamilySearch. [Click here](#).